



SAVE MONEY STAY WARM

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Top Ten Tips To Save Energy

Simply follow the energy saving tips below to help minimise wasteful use of energy in your home every day :

- 1 Switch off lights in empty rooms
- 2 Close curtains at dusk
- 3 Set thermostats correctly
 - Hot water tank thermostat between **60-65°C**
 - Room thermostat between **18-21°C**
(or **21-23°C** if there are older people, very young children, or someone with health difficulties in the home)
- 4 Turn electrical appliances off at the plug rather than leaving them on standby
- 5 Only fill the kettle with as much water as you need each time you boil it
- 6 Cook with lids on pans and match ring size to saucepan size
- 7 Avoid placing furniture in front of a radiator
- 8 Wait until you have a full load before using a washing machine, and try using a lower temperature (30°C)
- 9 Use a shower instead of a bath if possible
- 10 Tumble dryers cost a lot to run – dry clothes outside or on a clothes rail for free